

# THE WESTIN

BAYSHORE  
VANCOUVER

## The Westin Bayshore, Vancouver, invites locals to enjoy new Summer Pool Experience and Liquid Yoga

*Expertly led fluid yoga classes and luxurious H2Oasis Summer Pool Experiences  
now available for Vancouverites*

**Vancouver, BC (June 27, 2017)** – Vancouver’s iconic Westin Bayshore, which overlooks Coal Harbour, invites locals to take advantage of its new H2Oasis Summer Pool Experience. Vancouverites are also welcome to attend the hotel’s peaceful Liquid Yoga classes, practiced in the pool, suitable for all levels of yoga enthusiasts.

The H2Oasis Summer Pool Experience is available all season long. Upon checking in for the experience, visitors receive a welcome amenity that includes a lip balm, sunscreen lotion, sunglasses, and more. The Summer Pool Experience includes a day by the outside pool with a reserved chaise lounge, access to changing cabanas, a \$25 food and drink credit for H2O’s pool menu, refreshing edible treats throughout your visit, and cooling face towels. The day rate is \$125, and is based on availability. Reservations can be made by calling 604.682.3377.

Meanwhile, Liquid Yoga class has one requirement – knowing how to swim. Participants use a floating Aquamat, which provides a stable, water-based version of the more familiar land-based yoga.

Led by Vancouver yogis, Kristy Wright Schell and Emma Jessica Collins, this slow-moving flow practice ensures that the 60-minute class stretches each practitioner’s body and awakens the mind, with the natural environment beyond the pool contributing to the beauty of the experience.



Classes are \$30 and take place on Wednesdays, Saturdays and Sundays, from 8 to 9 am, with six spots available per class. Reservations can be booked online, [here](#).

For more information about The Westin Bayshore’s H2Oasis Summer Pool Experience, visit: [westinbayshore.com/vancouver-hotel-pool](http://westinbayshore.com/vancouver-hotel-pool). For more information about Liquid Yoga classes and other Westin Wellness programs, visit: [westinbayshore.com/westin-wellness](http://westinbayshore.com/westin-wellness).

### **About The Westin Bayshore, Vancouver**

Located adjacent to Stanley Park along picturesque Coal Harbour, The Westin Bayshore is an ideal destination for business and leisure guests. The hotel’s 499 spacious guest rooms and suites feature stunning views over the water and the city. The resort-inspired property features Western Canada’s largest hotel ballroom, Vida Wellness full-service spa, indoor and outdoor pools, and new restaurant, H2 Rotisserie & Bar. Signature offerings include the Westin Heavenly Bed and Bath, WestinWORKOUT, and Breathe Westin. [westinbayshore.com](http://westinbayshore.com)

**Media Contacts:**

Laura Serena  
Serena PR  
604.842.4510  
laura@serenapr.com

Julie Melanson, Marketing & Communications Manager  
The Westin Bayshore, Vancouver  
604.691.6945  
julie.melanson@westin.com

The Westin Bayshore, Vancouver

📍 1601 Bayshore Drive, Vancouver, BC

Phone: 604.682.3377

[westinbayshore.com](http://westinbayshore.com)

    @WestinBayshore