

LUNCH

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ROTISSERIE & BAR

at THE WESTIN BAYSHORE

LIGHT BITES —

WARM CHEESY BREAD

asiago with a local artisan stout and caramelized onion butter

H2 MUSHROOM SOUP

mikuni wild harvest BC field mushrooms in a truffle spiked creamy house made broth

SHOUT A LITTLE CHOWDA, SEAFOOD CHOWDER

plump local west coast clams and mussels, prawns, salmon and baby scallops, prepared new england style (that's the creamy one)

PINCH ME...

WEST COAST CRAB CAKE

stuffed with crab meat and pan seared with a lemon, herb and pickled shallot mayo

CHILLED TIGER PRAWNS

tiger prawns, spicy gazpacho vinaigrette, rocket greens

\supset ON TAP \subset

LOCAL CRAFT BREWERIES ON TAP

RED TRUCK | PARKSIDE |
PARALLEL 49 | RED RACER |
R&B | STRANGE FELLOWS |
FOUR WINDS | PERSEPHONE

LOCAL BC WINERIES

"HOP THE HATCH | ALDERLEA | " STONEBOAT | PAINTED ROCK | DESERT HILLS

ask your server about our selection

MAINS —

breaking bread, sandwiches and favourites

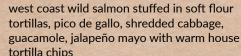
TO GET TO THE OTHER SIDE CHICKEN PANINI Supervices

pulled rotisserie chicken panini, oven dried tomato, fresh avocado mash, artisan bakery hot pressed scallion loaf

GRILLED CHEESE AND TOMATO SOUP

boursin, gruyere and provolone melted between two slices of sourdough, served with a cup of house made tomato soup

WILD SALMON TACOS Super Code



NICE TO MEAT YOU STEAK + FRIES 28

grilled 8oz canadian certified angus striploin, chimichurri, tossed greens, served with homestyle fries

SEA TO FORK LINGUINI

linguini tossed prawns, salt spring island mussels and dungeness crab in a creamy tomato sauce

THE BURGER

ground certified black angus beef, melted cheddar, smoked bacon with honey pepper mayo on a mix the bakery challah bun

FARM AND FIELD RISOTTO

arborio rice, local mikuni wild harvest mushrooms, spring peas, parmesan shards

THE CODFATHER FISH & CHIPS

pacific cod fish and chips, homestyle fries, house made tartar sauce and classic coleslaw

ROTISSERIE



16

14

22

19

18

MAPLE HILL FARMS HOUSE ROTISSERIE CHICKEN

our chickens are poultry in motion (free run) happily eating grass and fed without antibiotics or added hormones - if we won't feed it to you, we won't feed it to them

QUARTER - 18 | HALF - 24 | WHOLE - 32

served family style with house baked buttery bread, sea salted fries, coleslaw and pan gravy

SALADS _____

eat your greens and then some

H2 COBB SALAD Super Toods R.



rotisserie free run chicken, pancetta crisps, smoked egg, barnston island gem tomatoes, avocado and crisp lettuce served with a side of blue claire dressing

OH, KALE YEAH! KALE QUINOA SALAD Super SALAD Super SALAD SAL

organic kale, red quinoa, avocado, tomato, roasted corn off the cob, lime vinagrette

CAESAR SALAD

crisp romaine hearts, focaccia croutons, pancetta, caper lemon vinaigrette

RAIN OR SHINE

SUMMER SALAD SuperFoodsR

garden greens, little qualicum cheeseworks goat cheese crumble, fresh strawberries, honey scallion vinaigrette

— ADD -

pulled rotisserie chicken 7
wild bc salmon 8
seared scallops 12
jumbo prawns 7

TREAT YO-SELF

NO ONE DOES IT BETTER LAYERED CARROT CAKE

9

15

carrot ginger cake with orange cream cheese icing, sugar spiced pecans, served with a scoop of gelato

POTTED CHOCOLATE MOUSSE

chocolate mousse, chocolate cookie crumble

DROP IT LIKE ITS POPPED, SALTED CARAMEL POPCORN CHEESECAKE

new york cheesecake with oven baked caramel sauce and topped with salted caramel popcorn

S'MORES, HOLD THE CAMPFIRE

skillet s'mores, melted milk chocolate over gooey golden marshmallows and graham cracker

DESSERT PLATE

salted caramel popcorn new york cheesecake, s'mores, chocolate mousse, gelato

SELECTION OF GELATO

your choice of two scoops of cappuccino, vanilla, chocolate or strawberry

CHEESE LOUISE LOCAL CHEESE PLATE

chef's selection of four local BC artisan cheeses with house made accompaniments

Seon Williams

Indicates Oceanwise Seafood Choice



oodsR_X Indicates a SuperFoodsRx™ dish. SuperFoodsRx powerfully pairs together whole foods to boost nutritional composition and flavors.

All items are subject to applicable tax. Groups of 8 or more are subject to a mandatory 18% gratuity.

Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food borne illness.