

LUNCH

ROTISSERIE & BAR

at THE WESTIN BAYSHORE

LIGHT BITES -

WARM CHEESY BREAD asiago with a local artisan stout and

caramelized onion butter

H2 MUSHROOM SOUP

mikuni wild harvest BC field mushrooms in a truffle spiked creamy house made broth

SHOUT A LITTLE CHOWDA. SEAFOOD CHOWDER

plump local west coast clams and mussels, prawns, salmon and baby scallops, prepared new england style (that's the creamy one)

PINCH ME...

WEST COAST CRAB CAKE

stuffed with crab meat and pan seared, served with lemon wedge and herb and pickled shallot mayo

CHILLED TIGER PRAWNS

tiger prawns, spicy gazpacho vinaigrette, rocket greens

⇒ ON TAP <

LOCAL CRAFT BREWERIES ON TAP

RED TRUCK | PARKSIDE | PARALLEL 49 | RED RACER | **R&B | STRANGE FELLOWS | FOUR WINDS | PERSEPHONE**

LOCAL BC WINERIES

THE HATCH | ALDERLEA | STONEBOAT | PAINTED ROCK | **DESERT HILLS**

ask your server about our selection

MAINS -

breaking bread, sandwiches and favourites

TO GET TO THE OTHER SIDE CHICKEN PANINI Super Toods Rx

14

24

19

18

pulled rotisserie chicken panini, oven dried tomato, fresh avocado mash, artisan bakery hot pressed scallion loaf

GRILLED THREE CHEESE AND TOMATO SOUP

mozzarella, gruyere and parmesan melted on a french baguette, served with a cup of house made tomato soup and onion jam on the side

WILD SALMON TACOS Super Super



west coast wild salmon stuffed in soft flour tortillas, pico de gallo, shredded cabbage, guacamole, jalapeño mayo, served with house bbq chips

NICE TO MEAT YOU STEAK + FRIES

grilled 8oz canadian certified angus striploin. balsamic reduction, chimichurri, tossed greens, served with homestyle fries

SEA TO FORK LINGUINI

linguini tossed prawns, salt spring island mussels and dungeness crab in a creamy tomato sauce

THE BURGER

ground certified black angus beef, melted cheddar, smoked bacon with honey pepper mayo on a mix the bakery challah bun

FARM AND FIELD RISOTTO

arborio rice, local mikuni wild harvest mushrooms, truffle oil, spring peas, parmesan shards

THE CODFATHER FISH & CHIPS

pacific cod fish and chips, homestyle fries, house made tartar sauce and classic coleslaw

ROTISSERIE



MAPLE HILL FARMS HOUSE ROTISSERIE CHICKEN

our chickens are poultry in motion (free run) happily eating grass and fed without antibiotics or added hormones - if we won't feed it to you, we won't feed it to them

QUARTER - 18 | HALF - 24 | WHOLE - 36

served family style with house baked buttery bread, homestyle fries, coleslaw and pan gravy

SALADS _____

eat your greens and then some

H2 COBB SALAD SuperFoods R.

rotisserie free run chicken, pancetta crisps, egg, barnston island gem tomatoes, avocado and crisp lettuce served with a side of blue claire dressing

OH, KALE YEAH! KALE QUINOA SALAD SuperFoodsRx

organic kale, red quinoa, avocado, tomato, roasted corn off the cob, lime vinagrette

CAESAR SALAD

crisp romaine hearts, focaccia croutons, pancetta, parmesan, caper lemon vinaigrette

RAIN OR SHINE SUMMER SALAD



garden greens, little qualicum cheeseworks goat cheese crumble, fresh strawberries, honey scallion vinaigrette

— ADD -

pulled rotisserie chicken wild bc salmon 12 seared scallops 12 12 jumbo prawns

TREAT YO-SELF -

NO ONE DOES IT BETTER LAYERED CARROT CAKE

15

carrot ginger cake with orange cream cheese icing, sugar spiced pecans, served with a scoop of gelato

POTTED CHOCOLATE MOUSSE

chocolate mousse, chocolate cookie crumble

DROP IT LIKE ITS POPPED, SALTED

CARAMEL POPCORN CHEESECAKE

new york cheesecake with oven baked caramel sauce and topped with salted caramel popcorn

S'MORES, HOLD THE CAMPFIRE

skillet s'mores, melted milk chocolate over gooey golden marshmallows and graham cracker

DESSERT PLATE

salted caramel popcorn new york cheesecake, s'mores, chocolate mousse, gelato

SELECTION OF GELATO

your choice of two scoops of cappuccino, vanilla, chocolate or strawberry

CHEESE LOUISE LOCAL CHEESE PLATE

chef's selection of four local BC artisan cheeses with house made accompaniments



Indicates Oceanwise Seafood Choice



Indicates a SuperFoodsRx[™] dish. SuperFoodsRx powerfully pairs together whole foods to boost nutritional composition and flavors.

All items are subject to applicable tax. Groups of 8 or more are subject to a mandatory 18% gratuity. Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food borne illness.