

Breakfast

Breakfast Table

scrambled eggs, smoked bacon, sausage links, breakfast potatoes, seasonal fruit & berries, all-natural granola, yogurt, steel-cut oatmeal, whole grain cereals, fresh baked pastries, mount royal bagels, breakfast juices, freshly brewed Starbucks® coffee & Tazo® tea. Enjoy pancakes, waffles & free range eggs cooked to order 28.00

Breakfast Entrées

ORGANIC PASTEL EGG WHITE AND ALL-NATURAL TURKEY OMELET 18.50
laced with arugula, low-fat cheddar cheese, tomato and avocado salad  GF

EGG WHITE AND YOUNG SPINACH OMELET 18.00
folded with sautéed onions and low-fat cheddar cheese, served with mini tomato and arugula salad  GF

BANANA-BLUEBERRY PANCAKES 17.50
ricotta and cornmeal pancakes drizzled with orange-maple syrup

GLUTEN FREE FRENCH TOAST 17.50
served with maple caramelized apples and cranberries GF

EGGS BENEDICT 19.00
golden valley free range eggs, crispy hash browns, housemade hollandaise, choice of fraser valley back bacon or west coast smoked salmon

RUSTIC CORNED BEEF & BRUSSELS SPROUTS HASH 18.00
topped with housemade hollandaise and poached free range egg GF

SMOKED SALMON BAGEL 18.00
west coast smoked salmon, mount royal bagel, cream cheese, lemon, caper and shaved onion

SCRAMBLED EGGS AND SALMON TACO 19.00
avocado, salsa picante, queso fresco  GF

Side Orders

smoked bacon, turkey sausage links or grilled ham 7.00

crispy hash brown potatoes 6.50

Breads + Pastries

THE BAKERY BASKET 8.00
a buttery croissant, daily muffin, your choice of english muffin, sourdough, multi-grain, rye or white toast with butter, honey or preserves

FRESH BAKED MOUNT ROYAL BAGEL 6.50
philadelphia cream cheese


Cereals

BERRY, APPLE AND HOUSEMADE GRANOLA MUESLI 14.00
low-fat vanilla yogurt, banana, walnuts and pomegranate essence 

STEEL-CUT CINNAMON-SCENTED OATMEAL 11.00
green apples, walnuts and honey drizzle 

ASSORTED DRY CEREALS 11.00
choose from a variety, including gluten free

Fruits, Juices + Yogurts

MARKET FRESH FRUITS AND BERRIES 13.50
a bountiful selection of the season's best  GF
freshly squeezed orange juice 8.00 

orange, grapefruit, apple, cranberry or tomato juice 5.50 

milk: regular, non-fat, 2%, chocolate or soy 6.00

low-fat yogurt: fruit, berry or plain 7.00  GF

Westin Fresh by The Juicery

Westin Fresh by The Juicery offers a menu of nourishing, revitalizing juices and smoothies curated by the experts at The Juicery.

JUICES
beetroot, blueberry, pomegranate, spinach and coconut water 8.00

cucumber, spinach, romaine, lemon, basil and coconut water 8.00

SMOOTHIES
kale, spinach, banana, mango and cinnamon 8.00

raspberries, strawberries, mint, orange blossom water, dates and almond milk 9.00

Coffee + Tea

FRESHLY BREWED STARBUCKS® BLEND COFFEE
regular or decaffeinated 5.50

cappuccino 6.50

caffè latte 6.50

espresso 5.00

ASSORTED TAZO® TEAS 5.50

From the Bar (9:30AM onwards)

Sparkling

JAUME SERRA ‘CRISTALINO’ brut cava penedès, spain 6oz 9.00 | btl 42.00

ZONIN prosecco veneto, italy 6oz 12.00 | btl 58.00

BOTTEGA ‘ROSE GOLD’ spumante brut lombardia, italy btl 74.00

VEUVE CLICQUOT brut reims, france btl 85.00 | 175.00

Malt + Hops

GRANVILLE ISLAND LAGER 6.50

GRANVILLE ISLAND ‘ENGLISH BAY’ PALE ALE 6.50

STELLA ARTOIS 7.00

GUINNESS 8.00

Cocktails

MIMOSA 9.00

STRAWBERRY MIMOSA 9.00

PEACH BELLINI 9.00

CURRENTS SPIKED COFFEE 11.00
sons of vancouver amaretto & forty creek cream liqueur

BAYSHORE CAESAR 8.00
smirnoff vodka, walter caesar mix craft, spicy bean



Indicates a SuperFoodsRx™ dish. SuperFoodsRx powerfully pairs together whole foods to boost nutritional composition and flavors.

GF

We pride ourselves in providing gluten friendly menu choices. While we endeavor to carefully prepare those meals to accommodate a gluten-free diet please be aware that they may be prepared in an environment where gluten is present. Please ask your server to assist you in making your selection. Please consult your physician as to your personal health decisions.

Service charges and government taxes are additional.

*Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness.

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