

## **EAT WELL AT THE WESTIN BAYSHORE FOR DINE OUT VANCOUVER**

Vancouver, B.C., January 22, 2015 – The Westin Bayshore, Vancouver and Seawall Bar & Grill are delighted to offer diners a delectable Eat Well menu as a part of Tourism Vancouver's 13th annual Dine Out Vancouver Festival. This annual festival showcases the diverse tastes and cuisine with exclusive prix fixe menus at more than 250 restaurants across the city.

Mike Reid, Chef of Seawall Bar & Grill, has prepared a special menu for Seawall Bar & Grill with locally inspired dishes paired with B.C. VQA wines. Guests can enjoy this specially prepared menu at lunch or dinner for \$28 per person exclusive of taxes and gratuities on reservations through February 1, 2015. To make a reservation and enjoy the special Dine Out Vancouver menu, guests can call the hotel directly at 604-691-6967.

The menu features a three course meal with choice of appetizer, entrée and dessert with each course and selection paired with VQA wines from British Columbia. Entrée selections include:

- Rigatoni short rib Ragu with peewee mushrooms, crisp sage, cured tomato braisage with shaved parmesan;
- Pan seared Lois Lake steelhead crusted with kale pesto, accompanied by sweet Corn and fingerling potato hash, mustard emulsion; or,
- Truffle Cheddar Mac & Cheese with Roasted Cauliflower.

To see the full Seawall Bar & Grill, Dine Out Vancouver menu visit <http://goo.gl/cQrblO>.

With a brand positioning rooted in wellness, The Westin Bayshore, Vancouver is dedicated to ensuring that guests leave feeling better than when they arrived. Last year Westin launched The Westin Well-Being Movement – a global initiative designed to enhance the well-being of guests and associates with the introduction of a string of innovative partnerships and programs across the brand's six pillars of well-being: Feel Well, Work Well, Move Well, Eat Well, Sleep Well and Play Well.

Eating well is at the core of the Westin Well-being Movement. There is a lot of information out there that can make eating well seem complicated, hard, and unappealing. At Westin, we take great pride in providing healthy food and beverage options to our guests and want to help guests eat well by providing the tools to make it easy and delicious.

The Westin Bayshore is steps away from great shopping, dining, entertainment, arts and culture. Adjacent to the spectacular 1,000-acre Stanley Park, the hotel offers direct access to the city's world-famous seawall. With indoor and outdoor pools, the Vida Wellness full service spa, multiple restaurants with patios, The Westin Bayshore invites guests to relax and renew. The hotel features updated guest rooms and suites, complete with floor-to-ceiling sliding glass doors in every room revealing stunning views of the harbour, mountains, and city skyline.

**About Starwood Hotels & Resorts Worldwide, Inc.**

Starwood Hotels & Resorts Worldwide, Inc. is one of the leading hotel and leisure companies in the world with nearly 1,200 properties in 100 countries, and 181,400 employees at its owned and managed properties. Starwood is a fully integrated owner, operator and franchisor of hotels, resorts and residences with the following internationally renowned brands: St. Regis®, The Luxury Collection®, W®, Westin®, Le Méridien®, Sheraton®, Four Points® by Sheraton, Aloft®, and Element®. The Company boasts one of the industry's leading loyalty programs, Starwood Preferred Guest (SPG®), allowing members to earn and redeem points for room stays, room upgrades and flights, with no blackout dates. Starwood also owns Starwood Vacation Ownership, Inc., a premier provider of world-class vacation experiences through villa-style resorts and privileged access to Starwood brands. For more information, please visit [www.starwoodhotels.com](http://www.starwoodhotels.com).

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